



Weekly In” **FRO**”mation

Week Ending: 01 Feb 2013

Welcome to the Weekly In”FRO”mation Blast brought to you by your Unit & Family Readiness Team. Get on-base, unit and local community happenings, important information / announcements. This is for planning and informational purposes only and are subject to change without notice.



Stay Connected:

(Click on the icons & get started TODAY!)



25 Jan (Fri)

- ~ Base Movie: This is 40; Rated: R @ **1900**.
- ~ Monthly ”FRO” Volunteer Mtg; 1130 @ Hong Kong Café.
Open to ”ALL” spouses of Active Duty/Retiree personnel working on MCLBA!
- ~ Nights@Dtown – Live Music/Food; **2000** @ Historic Silvers Bldg (114 N Washington)
**** Adults Only ****

26 Jan (Sat)

- ~ Base Movie: Parental Guidance Rated: PG @ **1900**.
- ~ 5k Nun Run; **0800** @ St. Theresa’s Parrish (417 Edgewood Ln). Reg. on active.com
- ~ Rumble in the Theatre; **1900** @ Albany State Theatre. There is a Fee.
- ~ Mission Change: Backpack Blessings Food Drive; **0900** @ 308 Flint Avenue.

28 Jan (Mon)

- ~ *”MCX Gas pumps, ITT closed!”*

30 Jan (Wed)

- ~ Base Movie: This is 40; Rated: R @ **1900**.

31 Jan (Thurs)

- ~ Artesian Toastmasters Weekly Meeting; **1145** @ MCLBA Warehouse 1360
Open to ”ALL” DoD personnel & family members within the local community!

01 Feb (Fri)

- ~ Base Movie: Parental Guidance Rated: PG @ **1900**.
- ~ Family Readiness Adv./Ass’t & LINKS Mentor Training; **1300**. FMI call 639-6171.

MCCS JOB OPENINGS

- Exceptional Family Member Program Manager, NF-4
- Director, Business Operations, NF-4
- Director, Retail, NF-4

To find out more or to apply, visit www.usmc-mccs.org/careers

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*”Change is inevitable – except from vending machines.” ~ Anonymous*

## “UPCOMING EVENTS – MARK YOUR CALENDARS”



**“Off-Base” Meet & Greet; February 5<sup>th</sup> ; 1800 @ Java the Hut. FMI call 639-5591** ~ Come out and meet other spouses within your local community. Make new friends or rekindle previous ones. Coffee/tea and conversation is FREE. You will not be disappointed. Door Prizes will be awarded.



**“SMP Monthly Meeting; February 7<sup>th</sup> ; 1500 @ SMP Rec Ctr** ~ Calling all Single Marines/Sailors and GEO Bachelors on MCLBA. Attend these meetings and get involved with the planning for upcoming activities/events.



**Budget for Baby Workshop; February 8<sup>th</sup> ; 0900 @ Bldg 7200. Reg. Req. Call 639-5453** ~ Whether it is your first bundle of joy or your last; join Navy Marine Corps Relief Society (NMCRS) in this interactive workshop that empowers attendees to gain a better financial picture of a new addition.



**Daddy/Daughter Dance; February 8<sup>th</sup> ; 1800 @ Civic Ctr. Reg. Req. Call 435-1897** ~ This event is especially designed for Daddys & their Daughters to share a special evening of dancing, dining, photos and more. There is a fee. FMI click [here](#).



**Lee County Daddy/Daughter Dance; February 9<sup>th</sup> ; 1600 @ Lee County Elementary** ~ This event will be divided into three (3) age sessions. Daddys & their Daughters have the opportunity to share a special evening of dancing, photos and more. There is a fee. FMI click [here](#).



**Fun Night Out for Couples & Single Marines; February 15<sup>th</sup> ; 1800 @ Base Restaurant.** ~ Come out for a night filled with food, fun, friendly activities and more. Prizes to be awarded. See flyer on pg. 3.

## “VOLUNTEER OPPORTUNITIES”



Volunteers are needed to assist with the upcoming Career & Education Fair on February 27<sup>th</sup>. They are looking for 4 volunteers to set up on Feb. 26<sup>th</sup> and 8 volunteers on the 27<sup>th</sup>. Childcare is FREE. Interested individuals call Nikki @ 639-9122.



Your local YMCA is looking for volunteer coaches for a variety of youth sports. No experience required; just a positive attitude and a willingness to mentor our youth. FMI call Trey at 436-0531.

**For more volunteer opportunities, click [here](#)!**

## “KNOWLEDGE IS POWER” INFORMATION



ZINIO; the world's largest newsstand is now available for FREE to you. Click [here](#) for more info. or visit your local MCCS Library.



UniversalClass; offers hundreds of FREE online courses to you. Click [here](#) for more info. or visit your local MCCS Library.



Peterson's is an online resource for all service members and their families to help them plan, prepare and achieve their education and career goals. Find out more click [here](#) TODAY!

To find out more about the Unit & Family Readiness Program, contact Mrs. Salina McBride @ (229) 364-3315 or via email: [smblogcomfro@usmc.mil](mailto:smblogcomfro@usmc.mil).





Workshop hosted by Navy-Marine Corps Relief Society. To register or for more information, please contact Nicole or Heather by email or phone.

[nmcrcsalbanyeso@gmail.com](mailto:nmcrcsalbanyeso@gmail.com)

229.639.5453



# BUDGET FOR BABY WORKSHOP

February 8, 2013

0900-1100 @ Bldg. 7200\*

\*Conference Room in Marine & Family Programs Building (across Naval Clinic)

Registration is required by February 1, 2013

Learn about the financial adjustments associated with a new baby

- Increased expenses
- Pressure from consumers targeting new parents
- Entitlements available through government and private sources

Classes open to all Active Duty, Retirees, and their family members. Every participant will receive a FREE baby layette upon completion of the class.

## ALBANY AREA CHAPTER OF BLACKS IN GOVERNMENT



### BLACK HISTORY LUNCHEON



#### KEYNOTE SPEAKER: MRS. SHIRLEY SHERROD

United States Department of Agriculture (USDA) in 2009, served as the Georgia State Director of Rural Development. She was the first black person to hold that position.

**THEME:** *At the Crossroads of Freedom and Equality: The Emancipation Proclamation and the March on Washington*

**DATE:** FEBRUARY 12, 2013

**TIME:** 11:30 A.M. - 12:45 P.M.

**LOCATION:** GRAND BALLROOM, TOWN & COUNTRY RESTAURANT (MCLB)

**MENU:** BUFFET- ROAST BEEF AND CHICKEN: \$12.50

**"EVERYONE IS INVITED TO ATTEND"**

MILITARY - UNIFORM OF THE DAY  
CIVILIAN BUSINESS ATTIRE

#### TO PURCHASE A TICKET CONTACT:

|                       |          |                          |          |
|-----------------------|----------|--------------------------|----------|
| MR. IRA THOMPSON      | 639-6212 | MS. SHIRLEY RANDLE       | 639 6357 |
| MR. JAMES FLOYD       | 639-6372 | MS. DEBRA CAPERS         | 639-6140 |
| MS. VIRGINIA WILLIAMS | 639-6622 | MR. ROY ROBERTS          | 639-8391 |
| MR. BENNIE PAIGE      | 639-6415 | MR. JEFFERY WILSON       | 639-6889 |
| MR. RODERICK WILLIAMS | 639-8836 | MS. JULIE DENNISON       | 639-8709 |
| MR. TERRY WHITTAKER   | 639-6763 | MS. ALICE GOSEER-JENKINS | 431-2122 |

**TICKET SALES CUT OFF DATE: FEBRUARY 5, 2013**

## Fun Night Out for Couples and Single Marines

**WHEN:** Friday, February 15th, 2013

**TIME:** 6PM until 10PM

**WHERE:** Town/Country Restaurant and Single Marine Lounge

**WHO:** All Active Duty Marines/Spouses and Sailors (Includes ALL Tenant Commands of MCLB)

**OTHER INFO:** Prize Raffle Giveaways will go to One Couple and one Single Marine

**5 SELECTED RESTAURANT GRILL COMBO SPECIALS TO BE OFFERED!**

Couples Bowling Competition Free All Night  
Shoes Only \$1.30 per Person

Pool Tables, Air Hockey Competition

Play Xbox360, Playstation, Wii, Card Games, Couples Challenge Competition Games and More!

Watch Featured Movie of the Night in the Huge SMP Lounge Movie Room.

**MOVIE:** Taken 2

Childcare will be provided by the CDC: \$4 per child/per hour  
Contact the CDC @ 229-639-5765 to register

FOR MORE INFORMATION CONTACT YOUR MCLB FAMILY READINESS OFFICER  
MARCUS WHITE @229-639-9896 OR 229-554-4612.  
EMAIL: [MARCUS.WHITE@USMC.MIL](mailto:MARCUS.WHITE@USMC.MIL)





# Marine & Family Programs



PRESENTS THE 2013

# Career & Education FAIR

[www.marineandfamilyservices.com/career](http://www.marineandfamilyservices.com/career)

229-639-5426/5276/9122

## Wednesday, February 27

### 10 a.m. - 2 p.m./Building 7120

(former Band Building) Parking on south side of building

Albany State University  
Albany Technical College  
American Military University  
Ashford University  
Darton State College  
Grantham University  
Troy University  
Valdosta State University  
University of Phoenix  
Trident University International



SAIC  
URS  
Wyle  
Booz Allen Hamilton  
Bank of America  
Defense Commissary Agency  
Georgia Department of Labor  
Miller Coors  
DAK Resources, Inc.  
MCCS  
.....And many more!!!

Open to military Service Members and their families and current employees aboard MCLB Albany



Entertainment by LR presents: A Semi-Formal Affair  
The Hampton's provide: The Hottest Sounds in Southwest GA  
DJ KID to follow live music at 12:00

# RED & WHITE Ball

February 15

Doors 8:30 pm

Live Music 10:00 pm

American Legion Ballroom 2<sup>nd</sup> Floor

815 Willie Pitts Jr Rd  
Albany, GA 31707

**Ticket Prices:**

\$25 VIP

\$10 Regular

\$15 Door



A Semi-Formal Affair

VIP includes:

- Champagne
- Chocolate Strawberries
- Hors'dourves
- Front Row Seating

Purchase Tickets:  
Phillips Men's Wear  
Cavalier Fashions  
Athletes Foot

Contact:  
entertainment.by.lr@gmail.com

## +LIFEGUARD

**FREE CERTIFICATION & TRAINING  
FOR MILITARY YOUTH 15+**

### TO BE ELIGIBLE YOU MUST BE:

- A child of military servicemembers who are active, retired or reserve
- Obtain parent consent
- 15+ years of age
- Pass the PRE-TEST on April 19<sup>th</sup> @ 5:30 pm, base pool

### LIFEGUARD COURSE CLASSES WILL BE A FOUR-DAY TRAINING:

- 20<sup>th</sup> and 21<sup>st</sup> April
- 27<sup>th</sup> and 28<sup>th</sup> April
- Classes will run 10am-5pm at the base pool

**COST IS FREE!!! HOWEVER, ONLY 6 SLOTS ARE AVAILABLE SO REGISTER BY APRIL 5<sup>th</sup>**

For more info or to register, please call Nikki or Marti

**229.639.5199**

### IMPORTANT!

Pre-test training is required to be eligible to take the class. Pre-test will consist of:

- 300 yard swim, non-stop
- Treading water for 2 minutes
- Starting in water, swim 20 yards, surface dive 10 feet, retrieve a 10 pound brick and swim back to the side of the pool in under 1 min 40 seconds

Female applicants must wear a 1-piece swimsuit for the pre-test.

**Pre-test will be held at the base pool Friday, 19<sup>th</sup> of April at 5:30 pm.**



Governor's Office for  
Children and Families



This project was supported by the Governor's Office for Children and Families through state funds from the Georgia General Assembly.

## Marine Corps Officers' Spouses' Club

# 2013 Charity and Scholarship AUCTION

Gather with us for an evening filled with friends, food, cocktails and fun ~ all while bidding on fabulous live and silent auction items.

Proceeds benefit local charities and scholarships.

*Mardi Gras or Casual Attire Recommended*

**SATURDAY FEBRUARY 23, 2013**

**6:00PM DOUBLEGATE COUNTRY CLUB**

**3800 OLD DAWSON ROAD**

**ALBANY, GEORGIA 31721**

**TICKETS \$30:**

<https://oscalbanyga.ticketbud.com/osc>

**CONTACT INFO:**

**Betsy Cisek, President**

**PH: 216-835-6464**

Email: [oscalbanyga@yahoo.com](mailto:oscalbanyga@yahoo.com) Website: [usmcocalbanyga.webs.com](http://usmcocalbanyga.webs.com)

